

College Readiness for Individuals with Intellectual and Developmental Disabilities (IDD) and Autism Spectrum Disorder (ASD)

Michigan Transition Service Association (MTSA) Conference
February 22, 2024, 10am-12pm
Lansing Center, Lansing, MI

Materials	Shared by MTSA: Downloadable conference materials: • Participant Guide • PowerPoint • Guided Notes Downloadable Resources (developed by Balance MI-Skills) • Student Guide: Thinking About College or Higher Education: Considerations, Skills, and Supports for Students with Intellectual and Developmental Disabilities (IDD) and Autism Spectrum Disorder (ASD) Considerations for Students with Intellectual and Developmental Disabilities (IDD) and Autism Spectrum Disorder (ASD) • Self-Assessment: Considerations for Students with Intellectual and Developmental Disabilities (IDD) and Autism Spectrum Disorder (ASD) Planning to Attend College or Higher Education • Interventions Commonly Used to Support ASD and IDD-Descriptions
Tools and Supports (from presentation)	Self-Advocacy • I'm Determined-Self-Advocacy: description, resources for implementing • Ohio Center for Autism and Low Incidence (OCALI): Self-Advocacy and Self-Determination – Evidence Based Practices (includes a PowerPoint, Develop of self-determination skills handout, skill areas associated with self-determination, research, and more • Transition TN: Pathways to Self-Determination: Video for Educators by Erik Carter, Vanderbilt University Social Communication • Jill Kuzma, Conversation Skills, Perspective Taking Skills • Kansas Technical Assistance System Network (TASN): Tri-State Webinar: Social Skills: Expanding The World Through Social Development: Your “Wh” Questions Part 1 of 3; Expanding the World through Social Development: Part 2 of 3; Social Communication Part 3 of 3 • Ohio Center for Autism and Low Incidence (OCALI): Overview of Social Skills and Interventions (create free account and free training) • Social Thinking: Free downloads and social thinking worksheets

	• UCLA PEERS® Curriculum: EBP curriculum for building relationships and social communication skills • U.S. Department of Education, Skills to Pay the Bills Executive Function • I'm Determined: easy to follow and implement, covers 9 elements of self-determination related to executive function including decision making, problem solving, goal setting, and more. • IRIS (Vanderbilt): Time Management, Materials Organization • Columbia Regional Inclusive Services: Executive Function-excellent site describing executive function with strategies and resource to teach skills • Social Thinking: Free downloads and social thinking worksheets
Other Resources	Online: • Autism Goes to College: provides information on choosing a college, college life, getting help, student stories, professors, interviews, podcasts, and more. • Center for Secondary Education for Students with Autism. • Drexel University, National Autism Indicators Report, 2015 (across domains) • Indiana University Institute on Disability and Community, Indiana Resource Center for Autism: Academic Supports for College Students with an Autism Spectrum Disorder-Quick Overview • Organization for Autism Research (OAR)-College Central: online support for navigating different aspects of college for autistic students. Some of the topics covered include: academics; living on campus, socializing, and living in a dorm; financial support for education and career awareness; self-advocacy and controlling your own college experience. • Organization for Autism Research (OAR)-College Central. Online hubs for: ○ Self-Advocacy ○ Academics ○ Campus Life ○ Career & Money • Organization for Autism Research (OAR)-College Guide: Finding Your Way: College Guide for Students on the Spectrum. Free downloadable guide for navigating college, with self-advocates providing input to the creation of the document. The guide covers transitioning from high school, the role of self-advocacy at college, using the disability supports at college, structure and routines, social relationships, conflict, physical and sexual safety, searching for and applying for part-time jobs while at college. • Organization for Autism Research-Other Resources: ○ College and Mental Health: An Interview with Nyla Cooper (Sept 2023). Self-advocate talks about her experience with college. ○ Sex Ed for Self-Advocates: a comprehensive, self-paced modules on topics related to sexual health for individuals with autism: healthy relationships, puberty, public vs. private behavior, consent, dating, sexual orientation and gender identity, online relationships, more • Postsecondary National Policy Institute, Students with Disabilities in Education Fact Sheet

	• Statewide Autism Resources and Training (START), Secondary Transition, Self-Paced Training (Self-Empowerment; Education, Transition Services, and the IEP; Planning for Competitive Integrated Employment; Interagency Coordination and Collaboration; Independent Living). • United States College Programs for Autistic Students (2020). College Autism Network. This list is reflective of colleges and universities featured in their search throughout the US which offers supplemental supports to support individuals with ASD, conducted from August 2018 – August 2019. Videos: • Autism Goes to College Jonathan Part 5, “Roommates” (Autism Goes to College, 2:29): discusses roommate challenges of one individual having a disability, and the other not knowing • Autism Goes to College: What do Professors Really Think About Autistic Students? (Autism Goes to College, 1:28)-professors provide brief thoughts on having autistic students in classrooms
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