

Balance MI-Skills, Inc

MTSA Training: College Readiness for Individuals with Intellectual & Developmental Disabilities (IDD) and Autism Spectrum Disorder (ASD) ~ February 22, 2024

Guided Notes

IDD & ASD Overview and Research and Data on Outcomes

IDD and ASD Notes (characteristics, prevalence, etc.)

Data/information that stood out to me.

I was surprised at...

Further or other thoughts.

Areas that apply to me as a student, parent, educator, or other professional based on students or students I work with:

- ☐ Transition Planning and Readiness
- ☐ Institutional challenges
- ☐ Expectations, Readiness, Other
- ☐ Social Communication, Self-Advocacy, Executive Function Needs
- ☐ Need for ASD specific support

What resonated with me about these topic areas?

Student Perspectives

Other

**Research-
Reasons
Students
Leave College
or Higher
Education**

Keys to Increased Success

Disability Support Services and connection to needed supports

Increased support model and components

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Best practice teaching approaches (Behavior Skills Training)

“The Big 3”: self-advocacy, executive function, executive function (self-empowerment model)

- Executive Function (challenges, strategies for support in transition programming/college)
- Social Communication (challenges, strategies for support in transition programming/college)
- Self-Advocacy (challenges, strategies for support in transition programming/college)

Self-evaluation (student, family, professionals) of self-advocacy, social communication, executive function skills to increase to promote greater success

Resources and other notes and ideas

Resources I want to look into further (also on Participant Guide)

One or more takeaways that resonated with me.

What is ONE (or more) concept(s), thought(s), strategy(strategies) you can start using in the coming week (what is it and with who)?

- ☐ I’m a student, I could...
- ☐ I’m a parent, I could...
- ☐ I’m an educator, I could...
- ☐ I’m a vocational rehabilitation counselor, I could...
- ☐ I’m a professional working with students, I could....

Details: